

# Shallow Lake Ecology and Management

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Shallow Lakes Program



# Two Concepts to Take Away

- Shallow lakes can exist in two states
  - Clear Water (Preferred for wetland wildlife)
  - Turbid Water
- Fish and nutrients are the primary drivers that determine the state

# Presentation Topics

- Physical Characteristics of Shallow Lakes
- Shallow Lake Ecology
  - Two Stable States
- Managing Shallow Lakes
  - Why
  - How
- Local Management Examples

# What is a Shallow Lake?

Water column is mixed

Aquatic plants over the entire lake

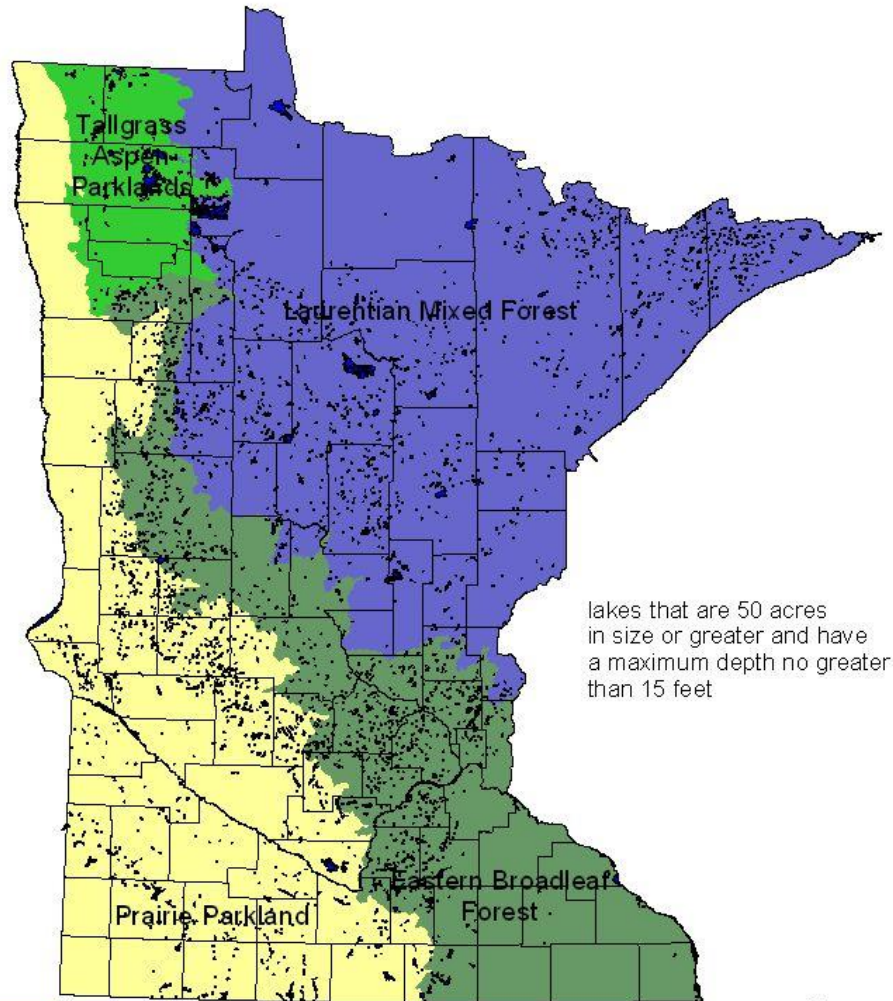
50 acres or greater in size

Less than 15 feet deep





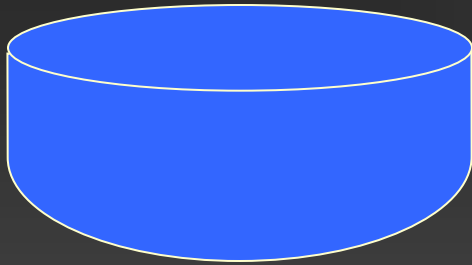
# Shallow Lakes in Minnesota



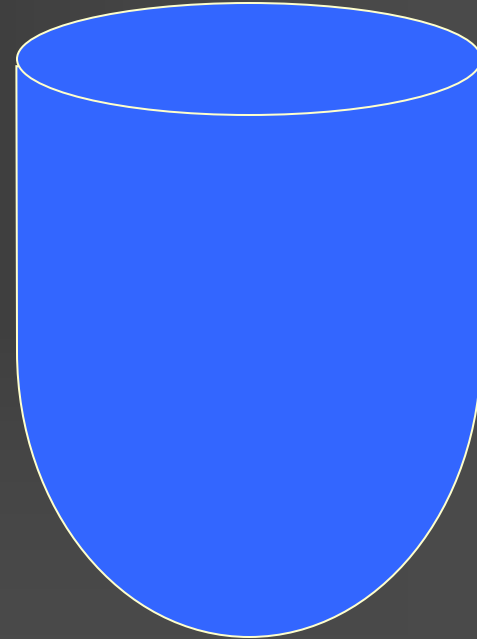
lakes that are 50 acres  
in size or greater and have  
a maximum depth no greater  
than 15 feet



Shallow Lake

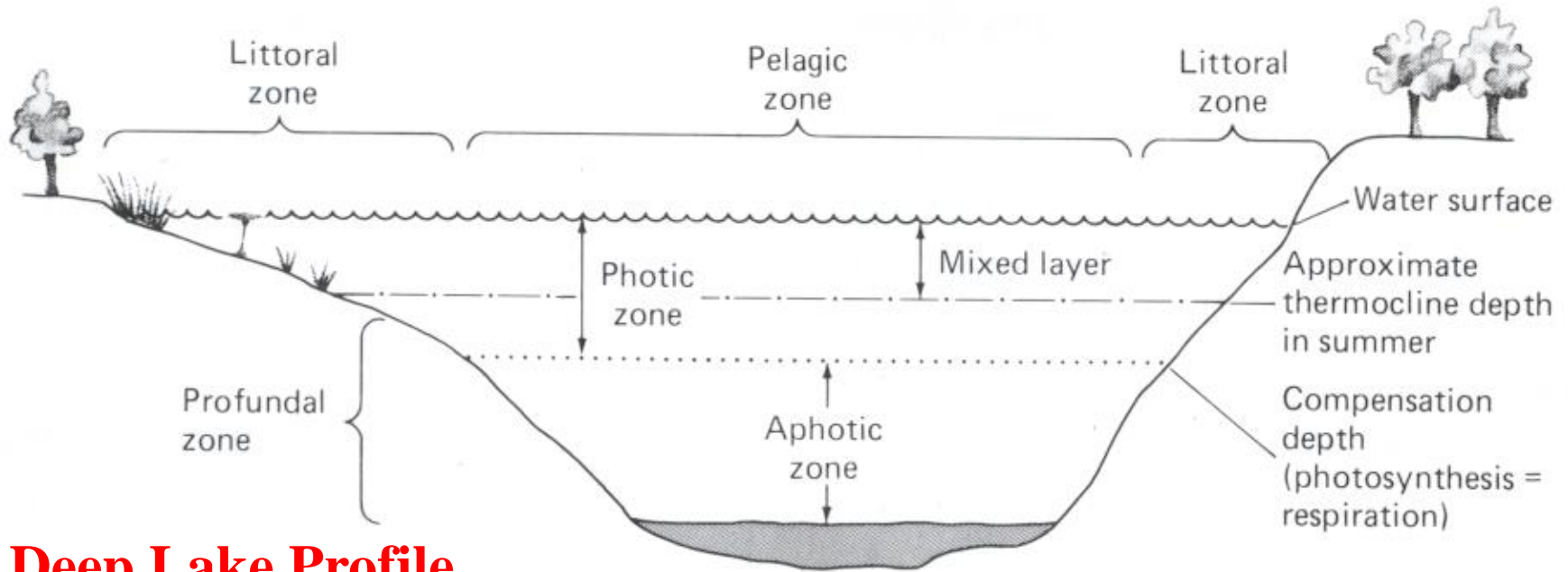


Deep Lake

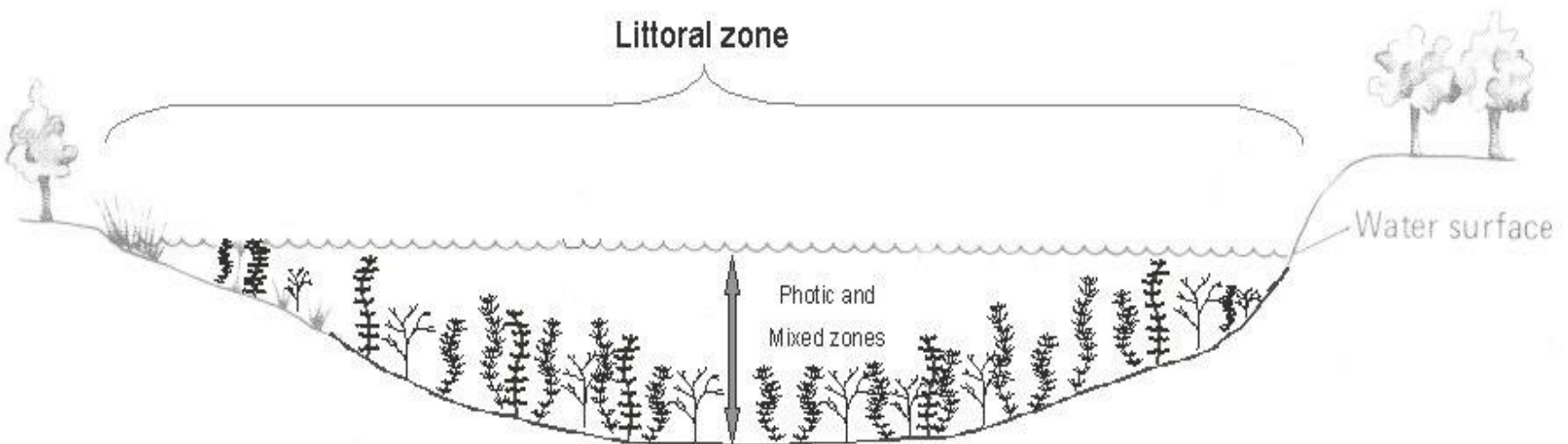


How are shallow  
lakes different  
from deep lakes





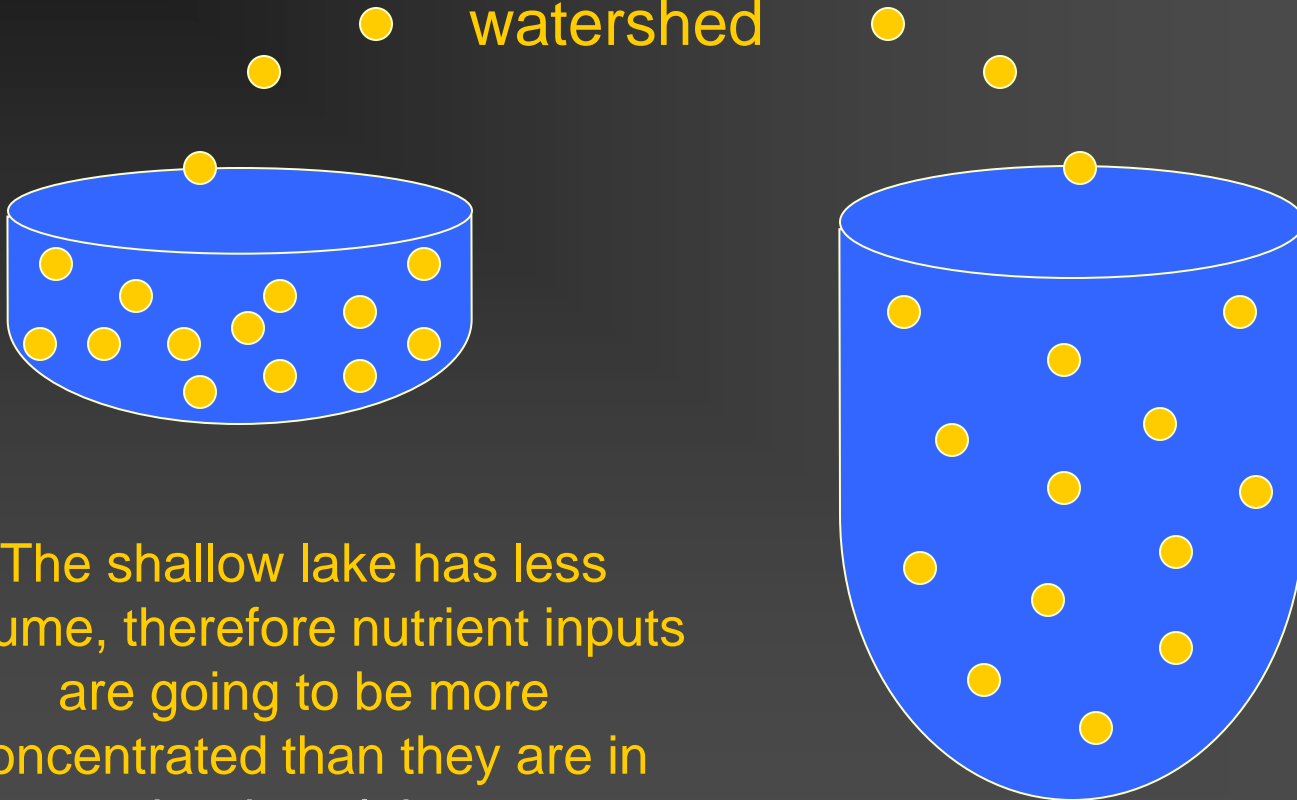
**Deep Lake Profile**



**Shallow Lake Profile**

Both lakes have the same watershed, the same surface acres, the only difference is depth. One lake is shallow, the other deep.

nutrients from watershed



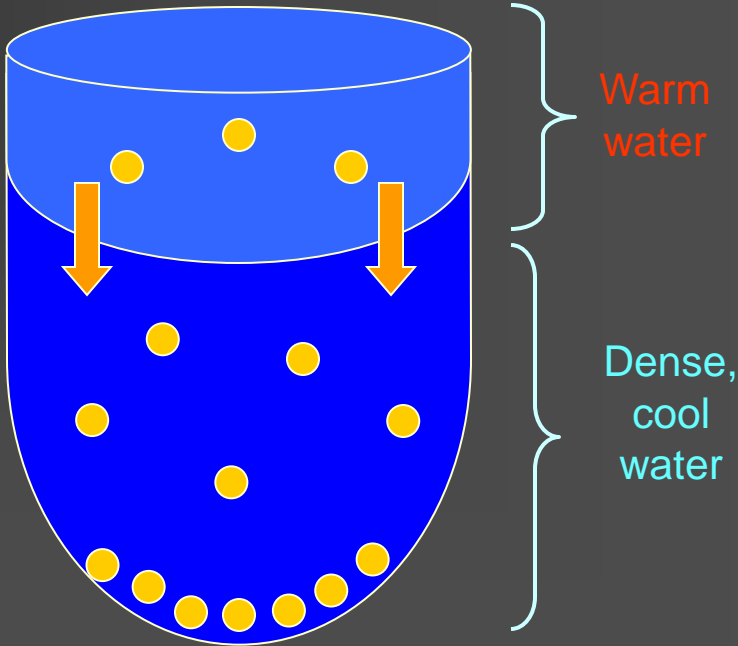
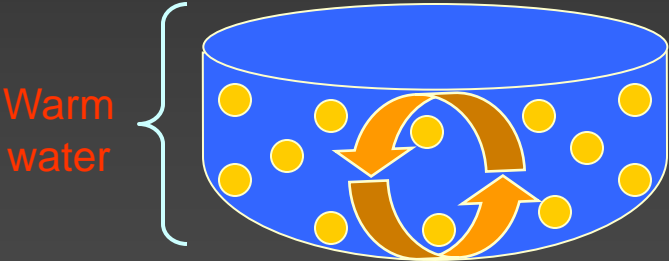
The shallow lake has less volume, therefore nutrient inputs are going to be more concentrated than they are in the deep lake.



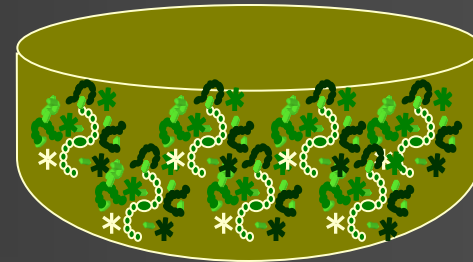
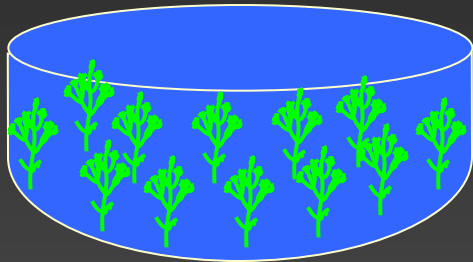
Sunlight warms the entire water column in a shallow lake, therefore the water can mix with the bottom sediments all summer long. Waves caused by wind can also turn to the bottom of shallow lakes and stir up sediments. These sediments contain nutrients which are mixed into the water and used by aquatic plants or algae.



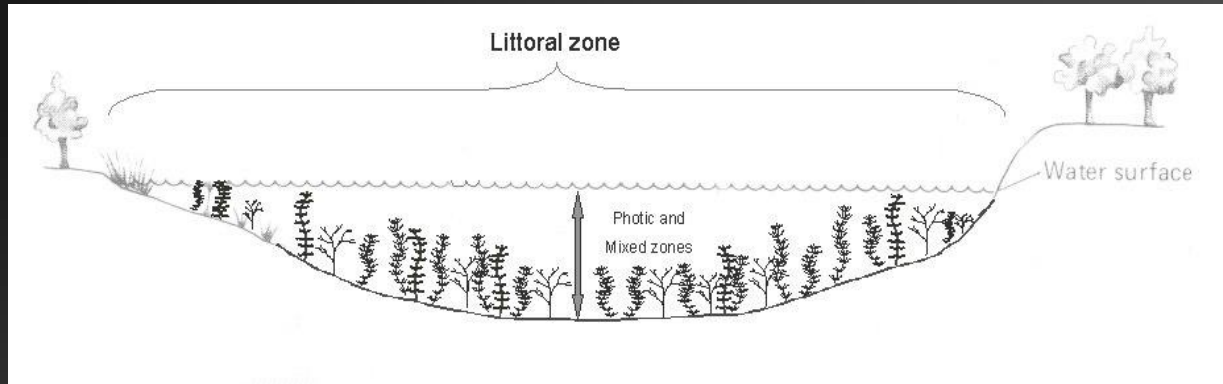
Because only the top layer of water is warmed by the sun in a deep lake, this top layer of water does not mix with the cooler deep water. Waves action also only impacts the upper layer of water. This separation allows nutrients to settle to the bottom of the lake. These nutrients are not available to plants and algae growing in the upper layers of water.



All of the nutrients in shallow lakes, plus availability of light means that something will have to grow. That something will be either rooted aquatic plants or algae.



# In summary...



- Constant exchange of nutrients between sediments and water column
- Less capacity to buffer external nutrient loading
- Can winter kill often
- Wind effects can be substantial
- Complex interactions between plants, fish, nutrients and invertebrates
- May switch between clear-water and turbid-water states

# Shallow lakes exhibit two alternative stable “states”

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This is a lake







# Clear- water Condition





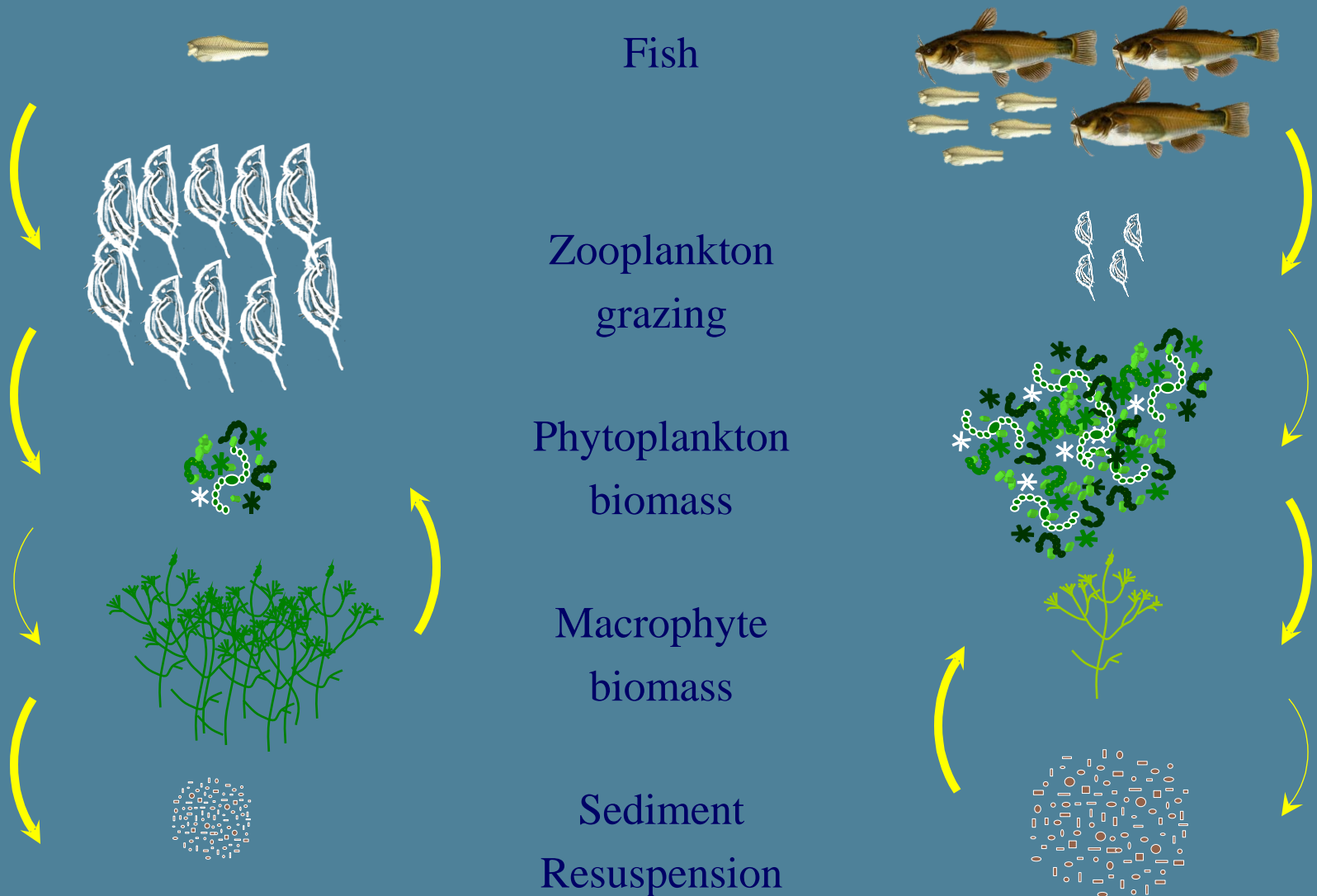


Turbid  
Condition



# Clear-water State

# Turbid-water State





# AQUATIC PLANTS

Absorb wind and wave energy, minimizing turbidity caused by sediment resuspension

Cover habitat and nesting material for birds

Seeds and tubers are food source for waterfowl

Escape cover and habitat for other vertebrates

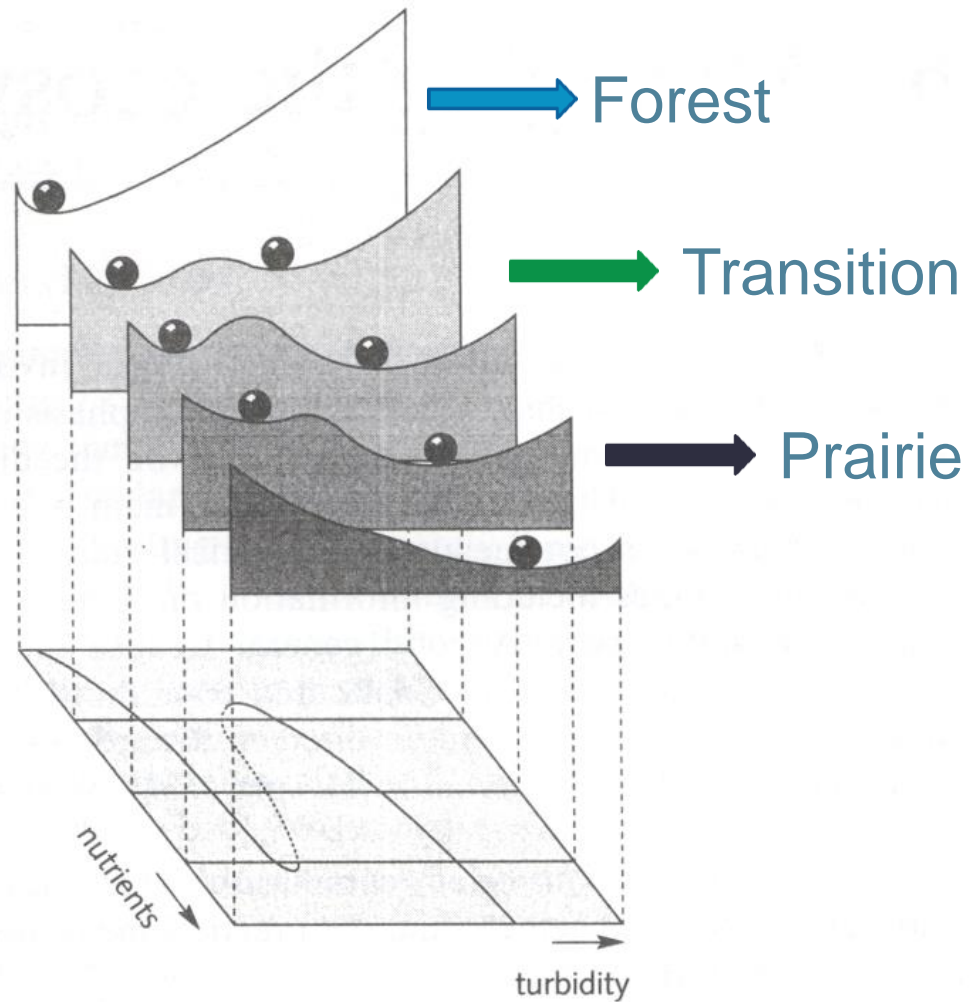
Creates favorable sediment conditions to increase denitrification, carbon burial, and decrease phosphorus availability

Provide surface area for attached algae

Food for invertebrates

Habitat and cover for invertebrates

Structure for emerging insects



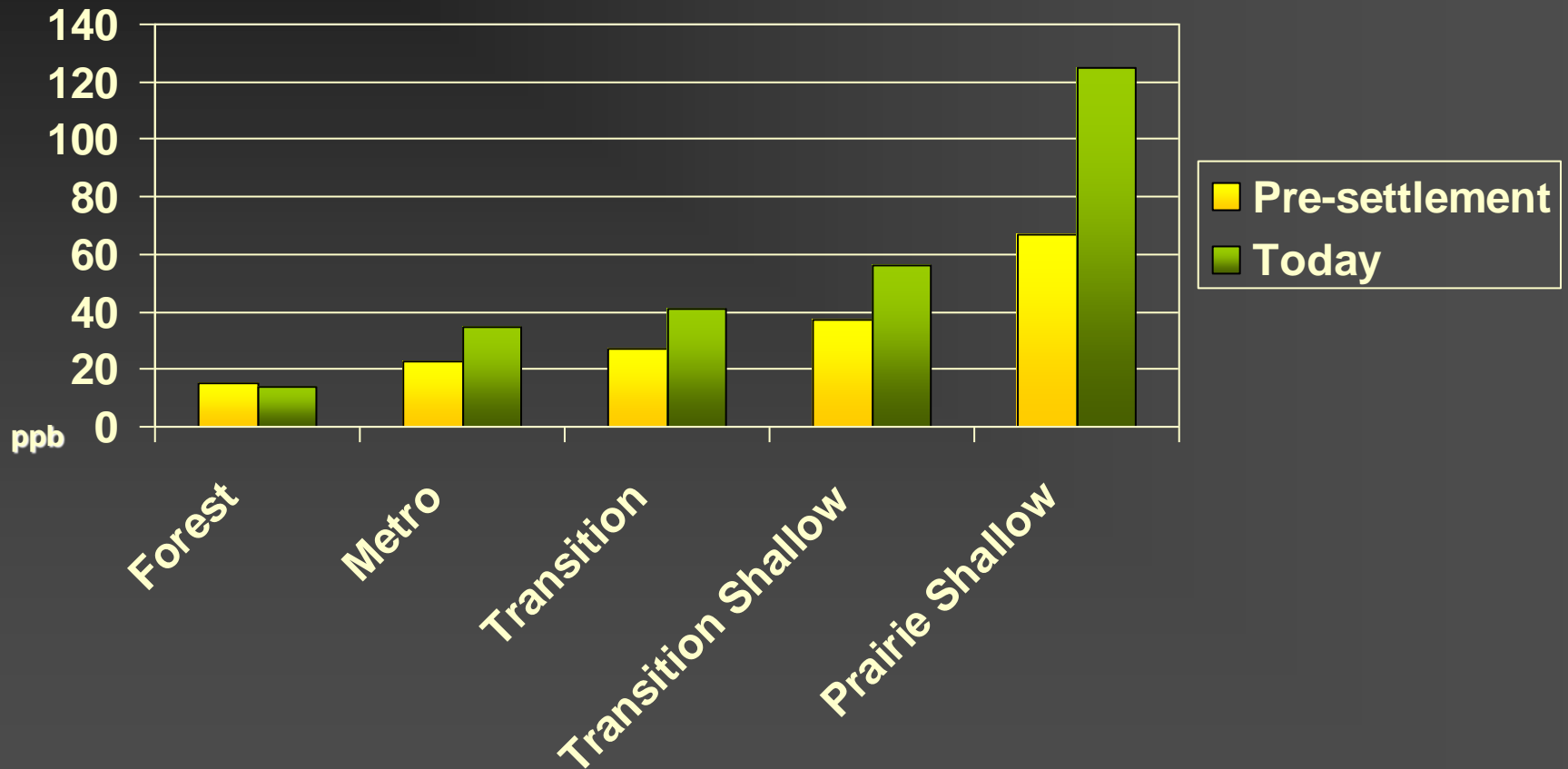
*Fig. 6.1* 'Marble-in-a-cup' representation of stability at five different levels of nutrient loading. The minima correspond to stable equilibria, tops to unstable break-points (see text). Modified from Scheffer (1990).

# Issues That Impact Shallow Lakes

- Nutrient loading
  - Watershed\Land Use Practices
  - Internal Loading
  - Historical Legacy
- Unbalanced fish populations
  - Planktivores
  - Benthivores
- High water levels
  - Altered hydrology
  - Precipitation
  - Blocked outlets

# Total Phosphorus

Pre-settlement vs. Today (all lakes)



Adapted from PCA Data



# Total Phosphorus concentration ppb

Forest lakes

Prairie

25

50

Transition

100

200

Plant dominance,  
clear water

Phytoplankton dominance,  
turbid water

Difficulty of maintaining clear water

# Unbalanced Fish Populations

# Black Bullhead





# Fathead Minnow





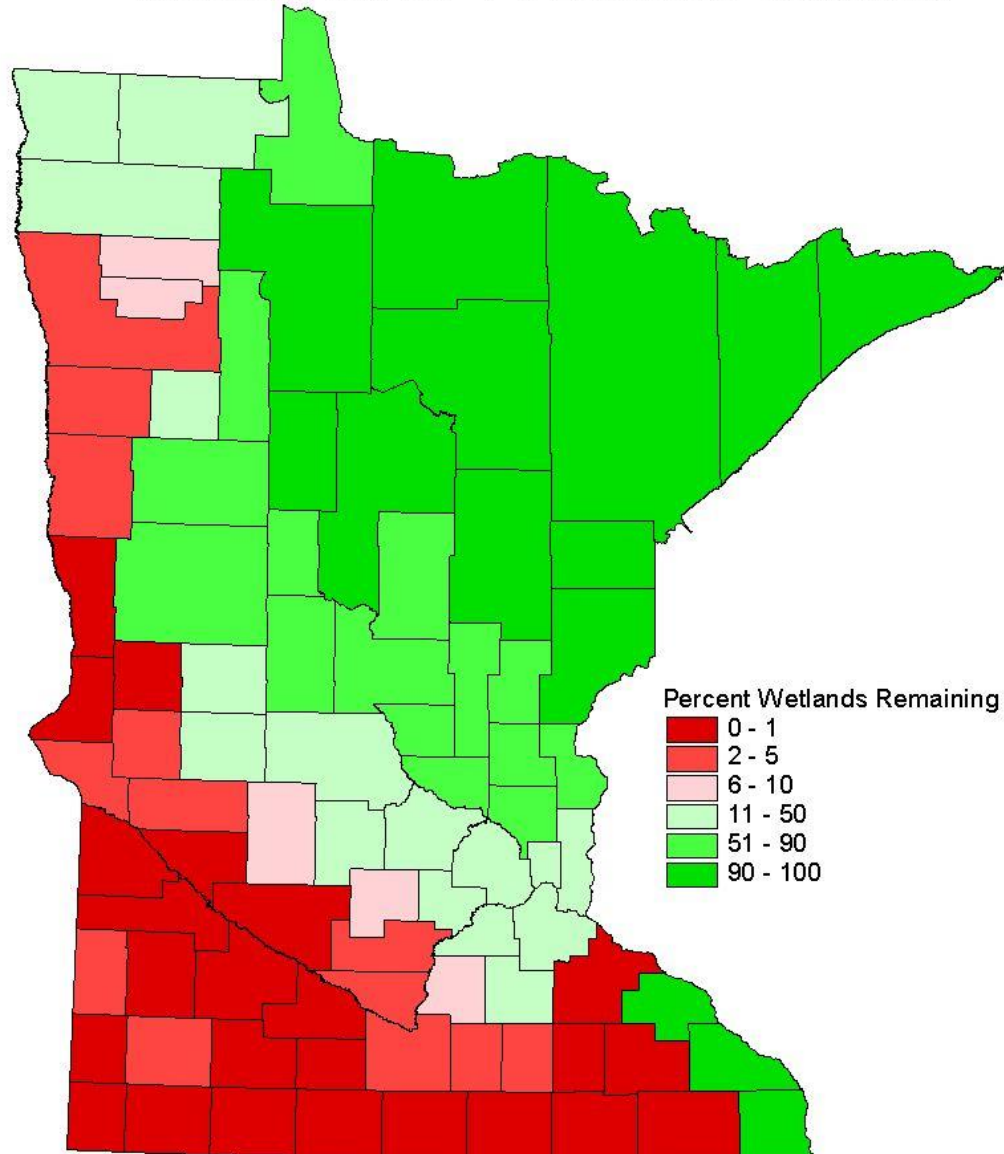
# Common Carp



# High Water Levels



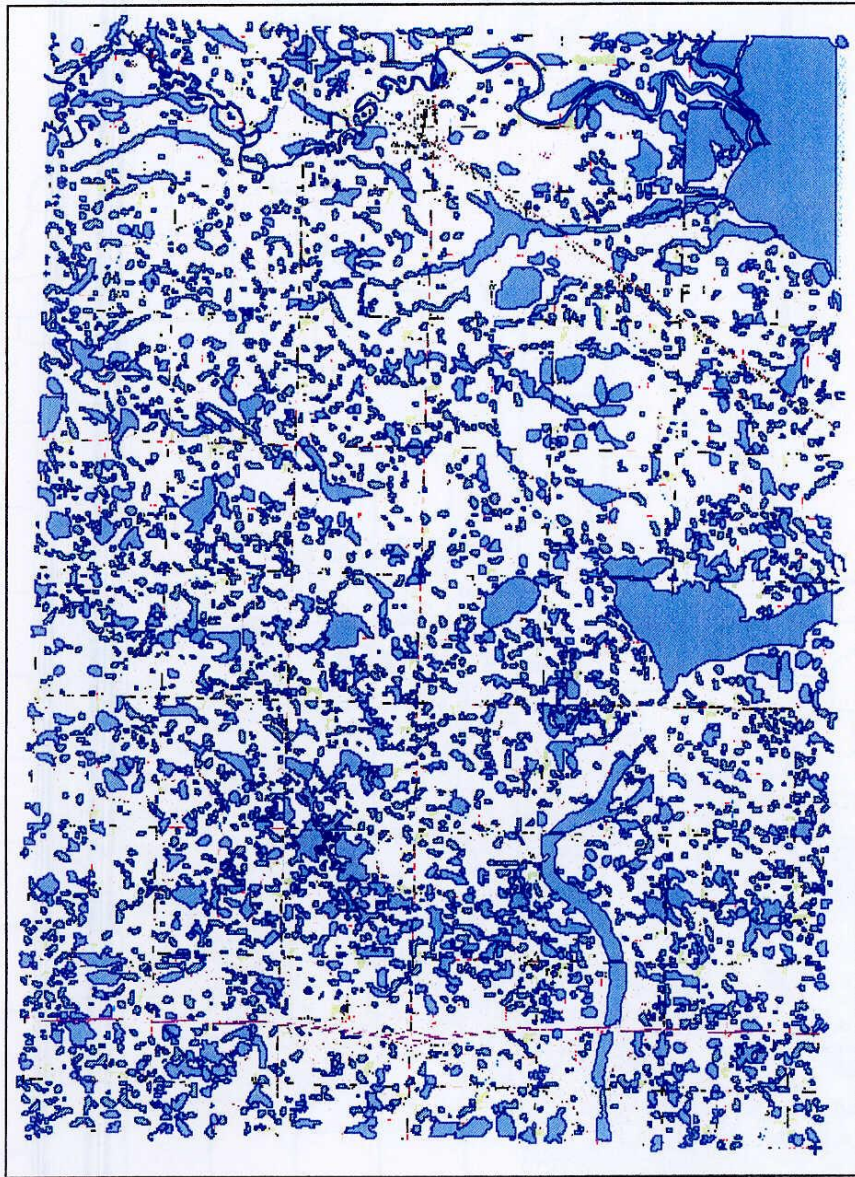
# Minnesota Wetland Status



Source: Anderson, J and W. Craig, 1984. Growing energy crops on Minnesota's wetlands: the land use perspective. U. of Minn. Center for Urban and Regional Affairs, Publ. CURA 84-3.

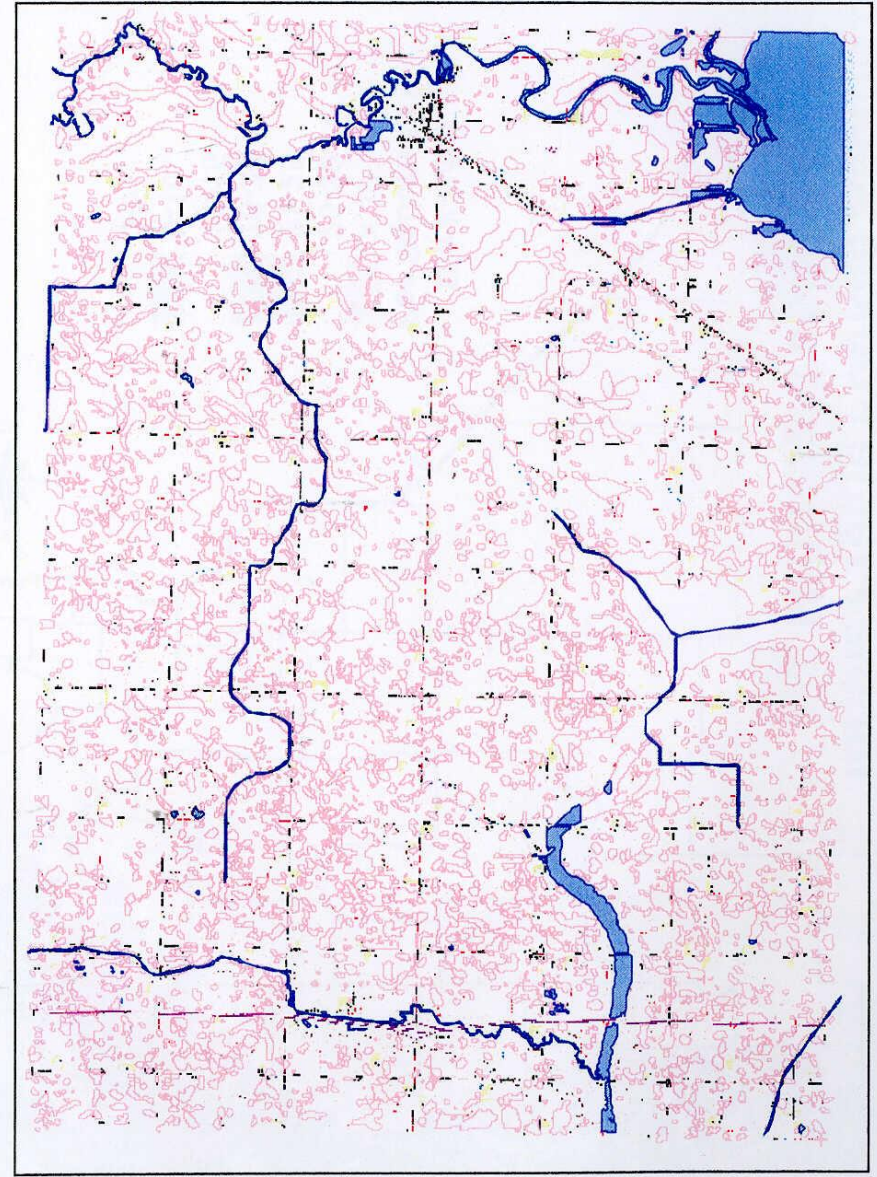


# 150 Years of Wetland Drainage in Minnesota



Circa 1844

50 mi<sup>2</sup> of Jackson County



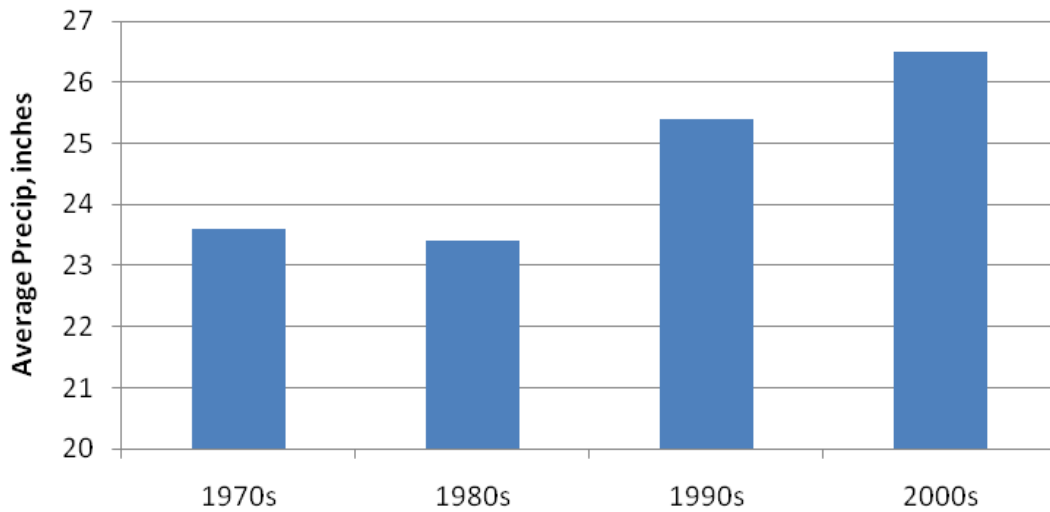
Circa 1994



# High Water Levels



**Otter Tail County Annual Precipitation  
Average by Decade**



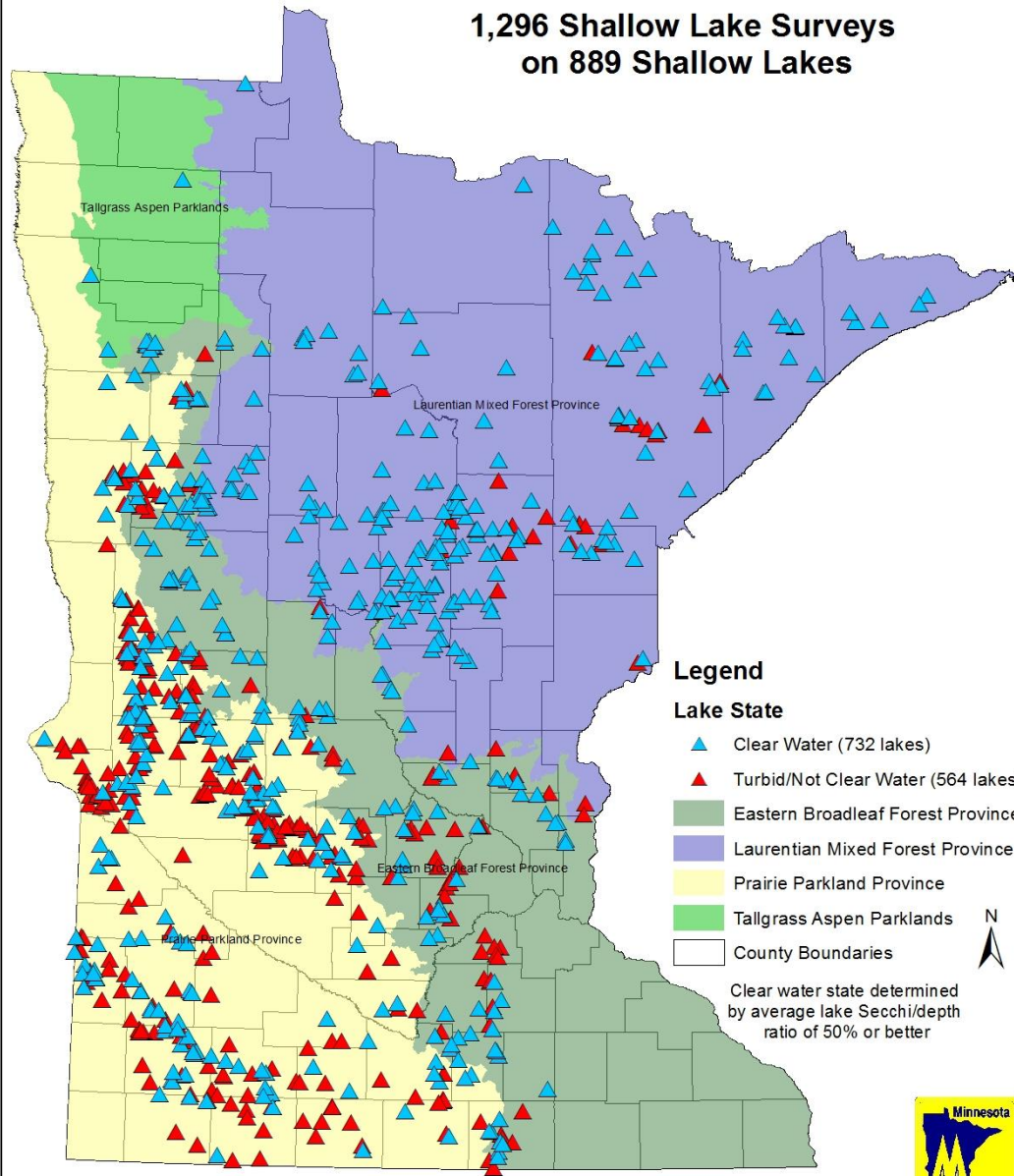
Summarized from data from  
Minnesota State Climatology Office

Blocked outlet channels



# Shallow Lake Surveys 2002 - 2012

1,296 Shallow Lake Surveys  
on 889 Shallow Lakes



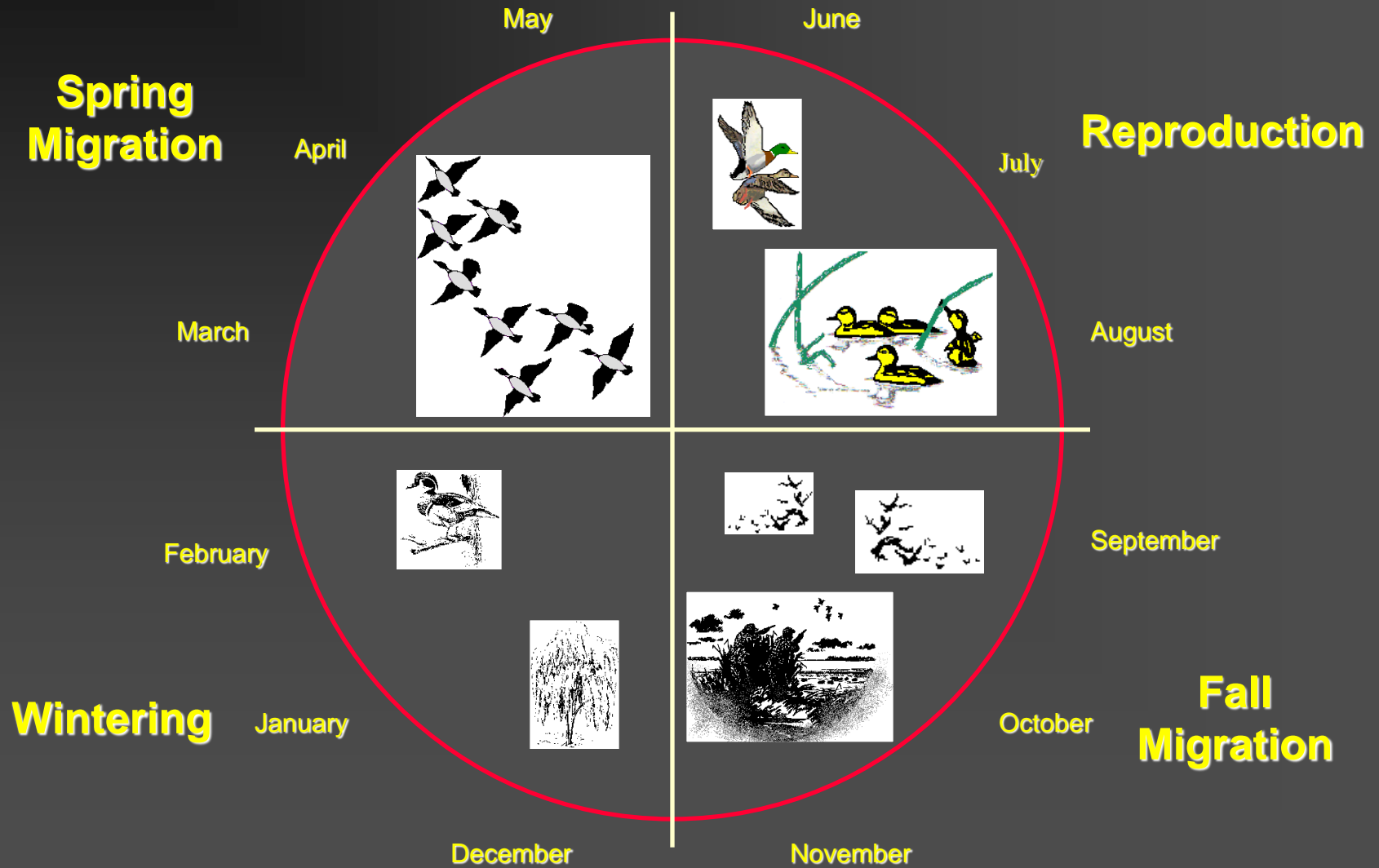


# Why does the DNR want to manage shallow lakes for the clear water state?

- Maintain or improve wetland wildlife habitat especially for both migrating and breeding waterfowl.
  - Plants provide food
    - Seeds
    - Tubers
  - Plants provide cover and nesting material
  - Invertebrates provide needed protein and calcium
- Maintain or improve water quality



# Annual Cycle for Waterfowl



## Nesting and cover habitat







Seeds and tubers



# Invertebrates

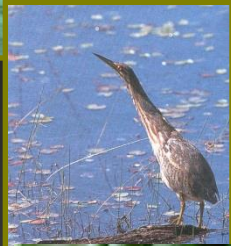
- Invertebrates contain up to 72% protein
- Excellent source of calcium
- Provide a complete range of essential amino acids
- Rapidly digested compared to plant material
- Efficient conversion of animal proteins to eggs and feathers





# Importance of Invertebrates to Life History Stages of Ducks

- Egg-Laying
  - Energetically expensive
  - Protein and calcium requirements
  - Needed reserves for incubation
- Foods for Ducklings
  - 85-95% of diet of Class 1 ducklings
- Molting
  - Protein needed for feather production






# Management Tools

- Maintenance
  - Protect lakes in good condition
  - Outlet management
- In-lake management
  - Drawdowns
  - Fish community re-structuring
    - Rotenone treatments
    - Winter drawdowns
    - Fish barriers
  - Surface water use restrictions
- Watershed Management
  - Wetland Restoration
  - Grassland \Cover
  - Conservation easements\acquisition



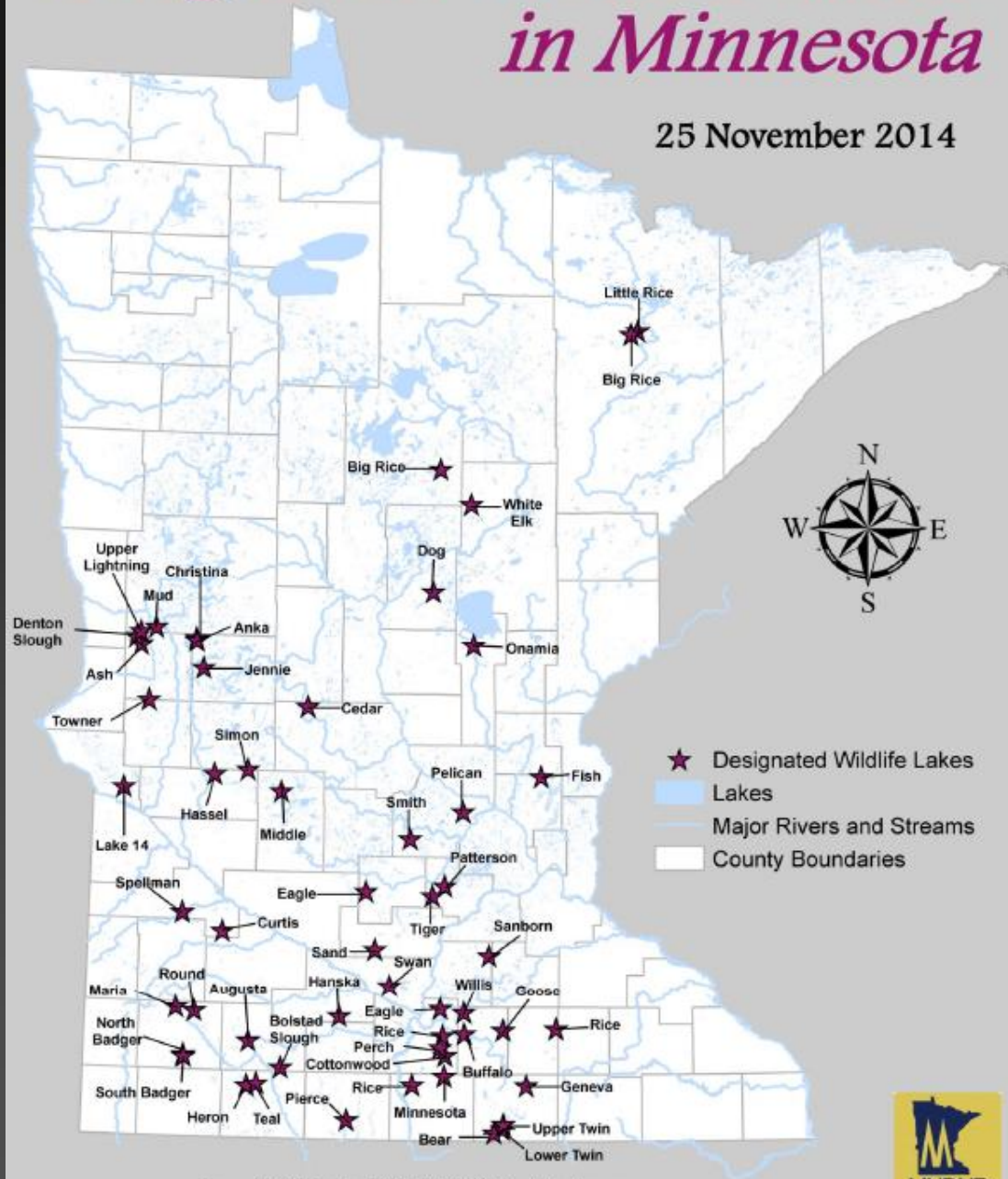
# Minnesota Shallow Lake Summary

	Lake Condition	Underlying nutrient Levels and landscape impacts	Management Approach
 <p>Forest</p>	Clear	Low	Focus on protection and outlet management for wild rice
 <p>Transition</p>	Clear or Turbid	Inter-mediate	May be needed-lakes usually respond well to management
 <p>Prairie</p>	More likely turbid	High	Aggressive management needed-difficult to maintain aquatic plants



# Designated Wildlife Lakes in Minnesota

25 November 2014





# Outlet Maintenance









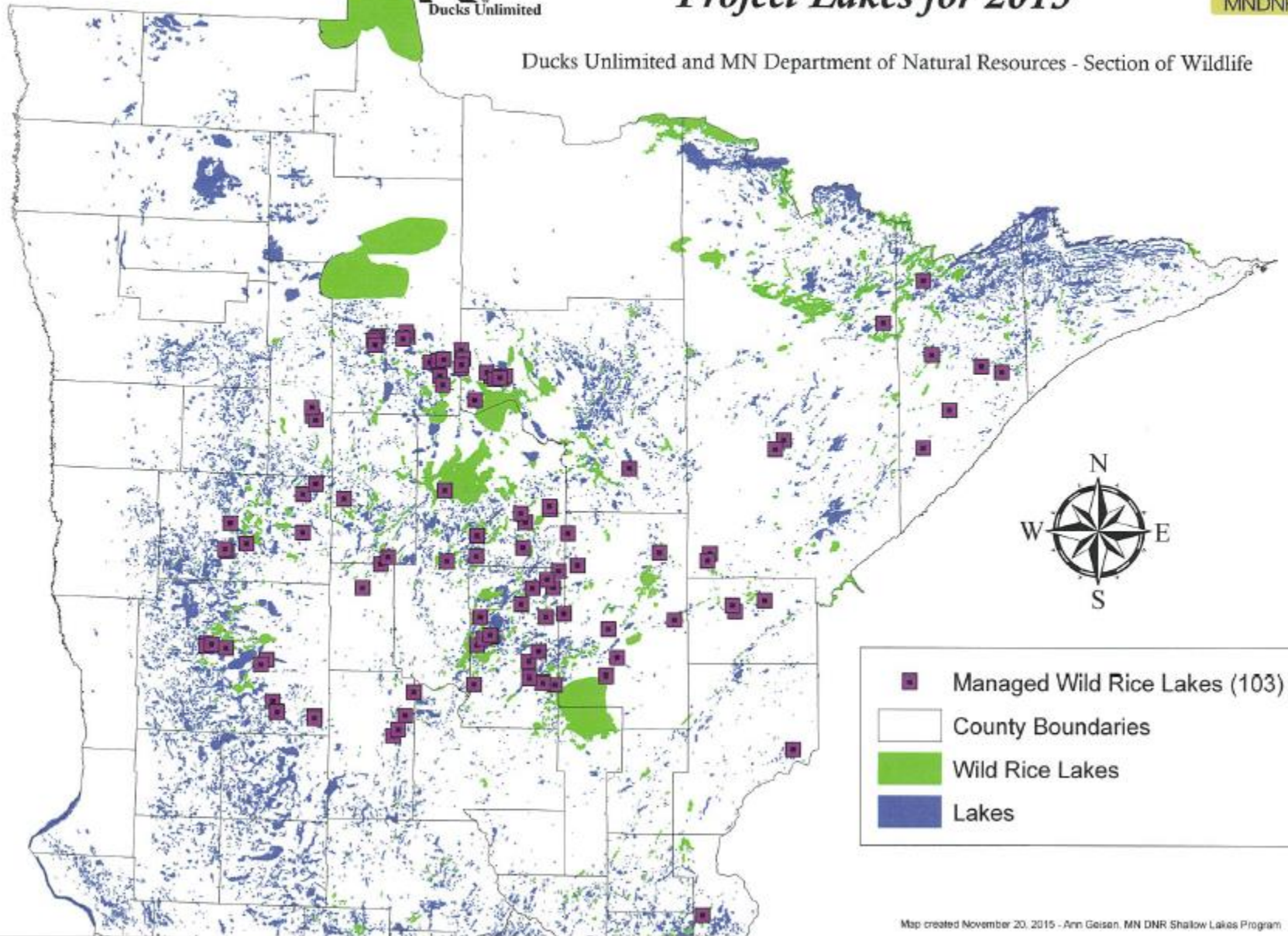




# Cooperative Wild Rice Management Project Lakes for 2015



Ducks Unlimited and MN Department of Natural Resources - Section of Wildlife



# Drawdowns

- In-lake management
- Temporary lowering of water levels
- Enhance winterkill of fish
- Re-establish aquatic vegetation
- Quickly and effectively mimic droughts



# Temporary Draw-downs

An aerial photograph of a large, irregularly shaped pond in a rural landscape. The pond is surrounded by fields of various colors, including brown, green, and yellow, suggesting different stages of vegetation or crop types. There are some trees and small structures visible around the pond's perimeter. The overall scene is a typical agricultural or semi-rural area.

- Aeration and consolidation of sediments
  - Contributes to break down of organic matter
  - Improves habitat for vegetation
- Allows emergent vegetation to sprout
- Establishment of submerged vegetation
- Increases likelihood of winterkill



# Water Level Drawdowns

- Our most effective management tool, like “shock therapy” for shallow lakes
- Requires the installation of a water control structure and downstream improvements
- Requires legal authority through Wildlife Lake Designation or MS103G.408
  - Management Plan and Public Hearing



# DRAWDOWN STRATEGY

**F**requency

**I**ntensity

**T**iming

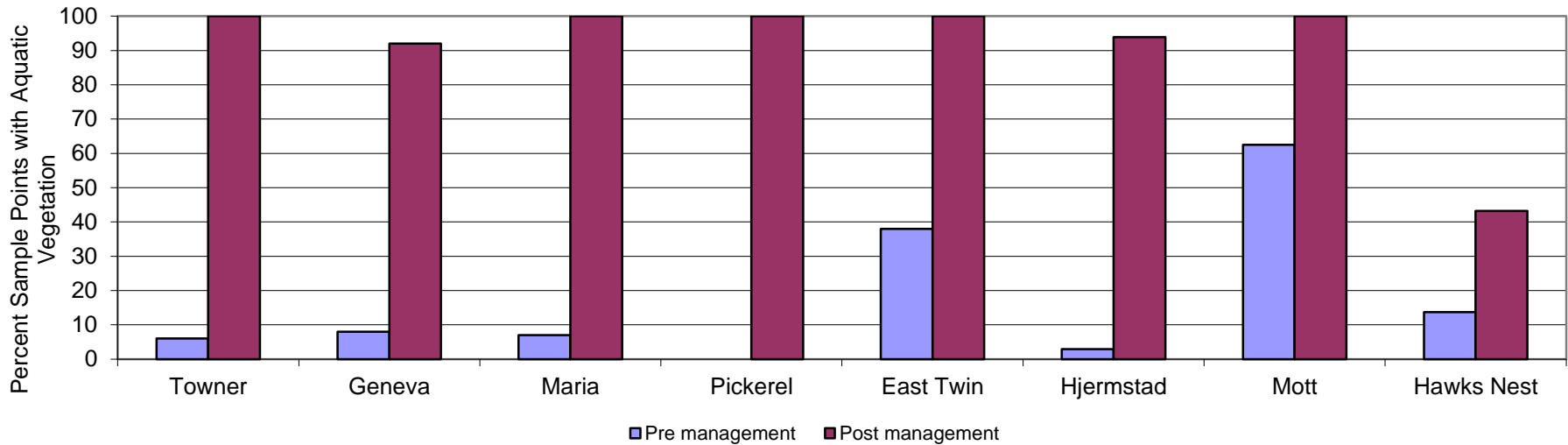




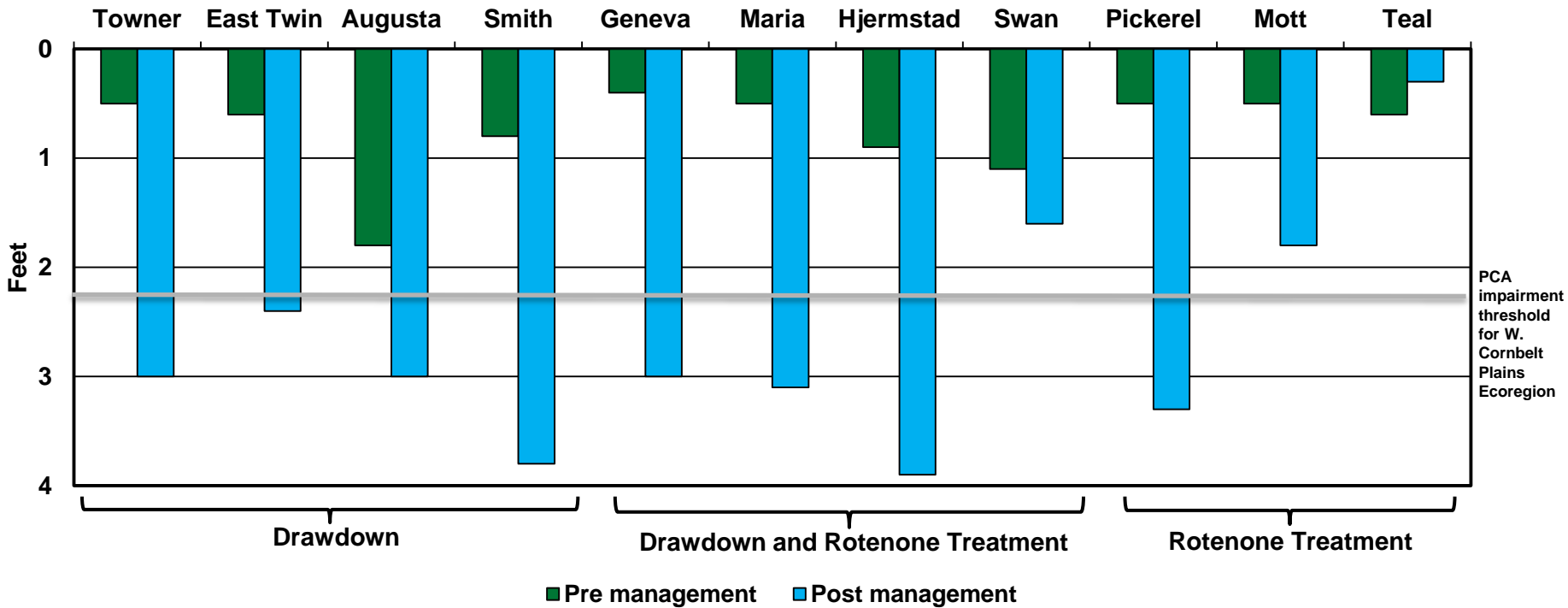
## Rotenone Treatments







### Average Secchi Depth





# MANAGEMENT EXAMPLES



Denton Slough  
Kube-Swift WMA  
Grant County  
135 acres

8-4-65  
BW-2FF-74

12-

8-4-65

1955 Survey

Max depth of 2.7 feet  
Emergent vegetation over 25%  
Submerged vegetation 70%





Denton Slough

DOW# 26030300

Grant County

July 21, 2011 Lake Survey  
Vegetation and Depth













Fall 2011





Spring 2012





September 2012













Denton Slough

DOW# 26030300  
Grant County

July 23, 2014 Lake Survey  
Vegetation and Depth





2004



2015



# Ash Lake, Grant Co.

216 ACRES





ASH

DOW# 26029400  
Grant County

June 9, 2010 Lake Survey  
Vegetation and Depth



**Spring 2012**





Summer 2012





September 2012









**September 2013**







Ash

DOW# 26029400  
Grant County

July 22, 2014 Lake Survey  
Vegetation and Depth



**Wildlife Lake Survey Results**

-  Emergent Vegetation Observed
-  Submerged Vegetation Observed
-  Submerged / Emergent Vegetation Observed
-  No Vegetation Observed
-  Not Surveyed

2013 FSA Orthophoto



Benchmark





# Smith Lake

- 316 acres
- Wright County
- Water control structure installed in the winter of 2010-2011 to allow for almost complete drawdown
- Drawdown 2011-2012
- Gradual refilling 2012-2013



Smith

DOW# 88025000  
Wright County

August 23, 2010 Lake Survey  
Vegetation and Depth



Survey Map

Wildlife Lake Survey Results

- Emergent Vegetation Observed
- Submerged Vegetation Observed
- Submerged/Emergent Vegetation Observed
- No Vegetation Observed
- Not Surveyed

2010 FSA 06/19/10







# High velocity tubes





August  
2011











May and June  
2012-  
Daphnia soup





July 2012







**2007**



**2011**



**2012**

At least 12 Species of  
Greatest Conservation Need  
documented during and after  
drawdown



Smith

DOW# 86025000  
Wright County

June 09, 2014 Lake Survey  
Vegetation and Depth

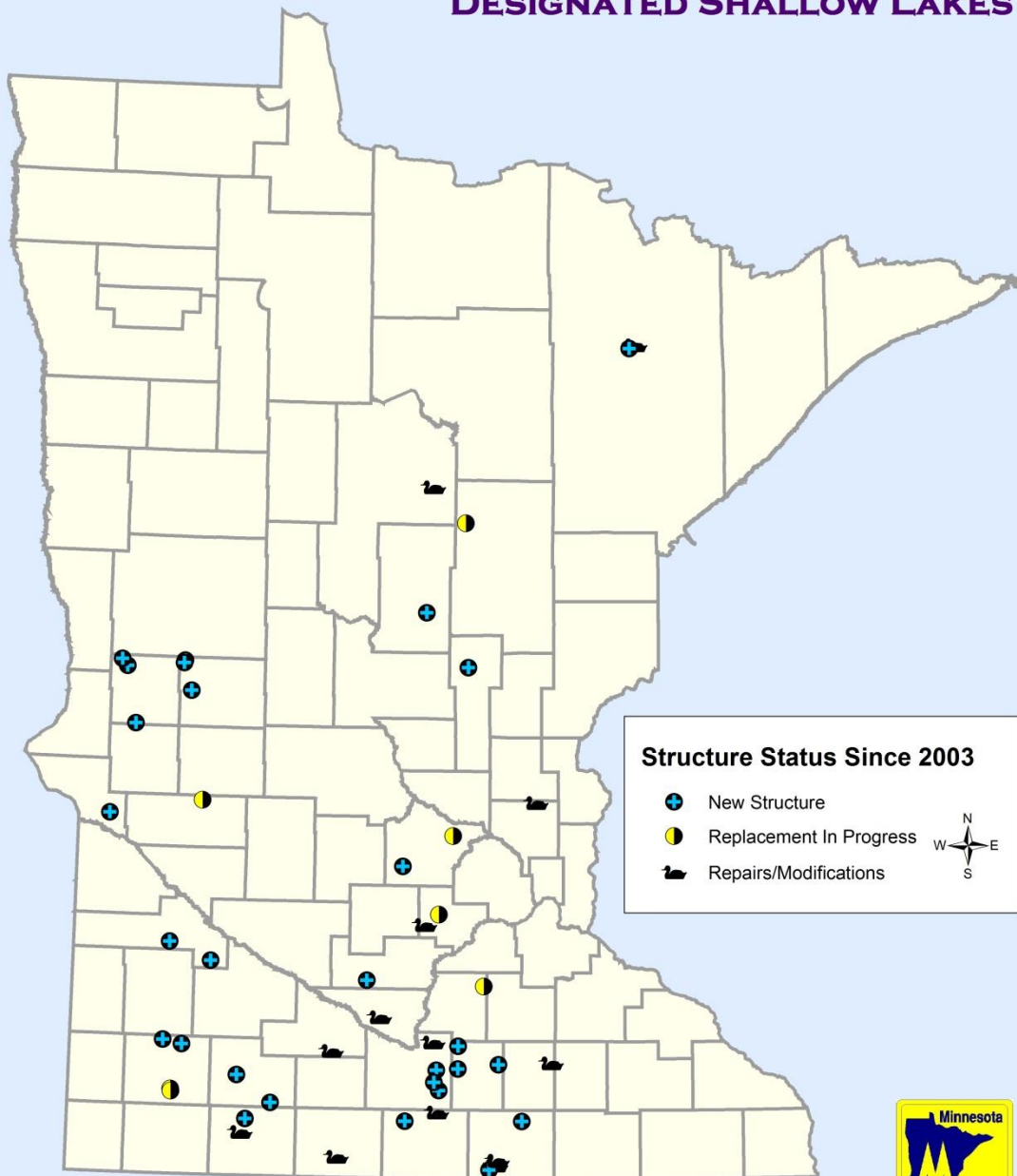




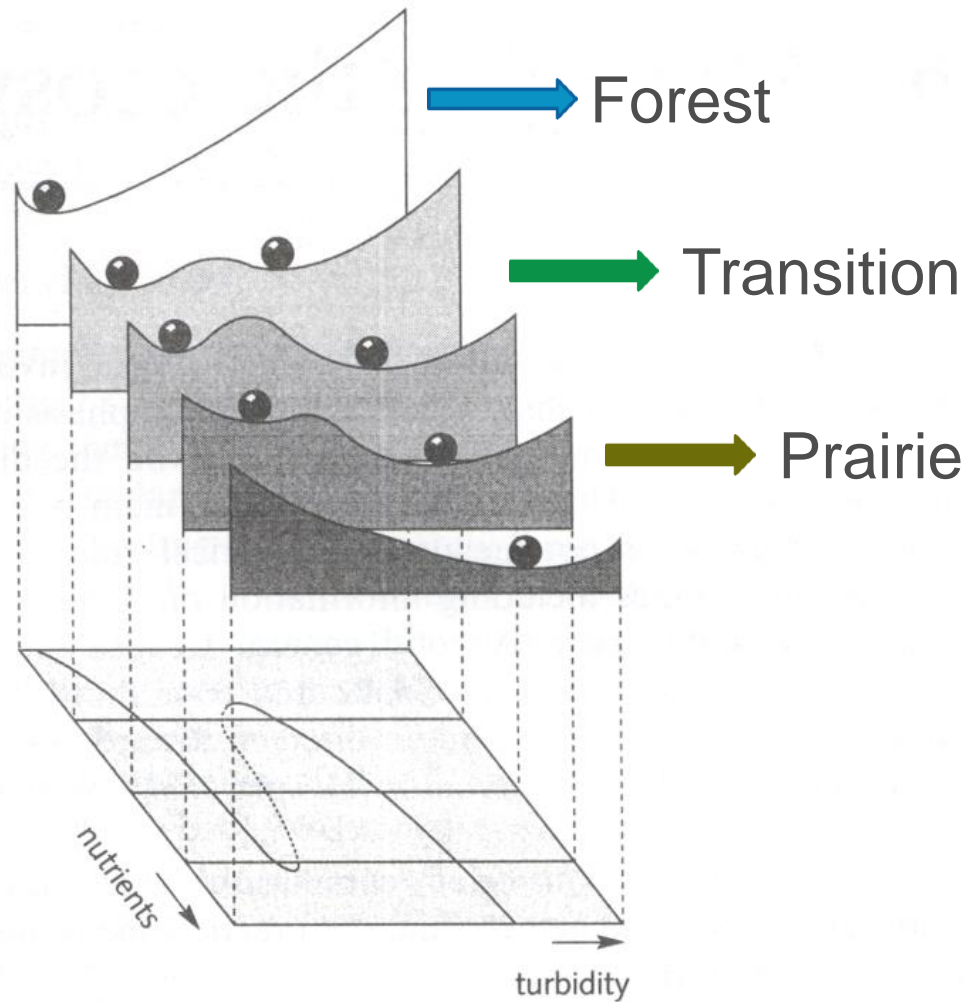
Smith Lake  
2015



# WATER CONTROL STRUCTURE STATUS ON DESIGNATED SHALLOW LAKES







*Fig. 6.1* 'Marble-in-a-cup' representation of stability at five different levels of nutrient loading. The minima correspond to stable equilibria, tops to unstable break-points (see text). Modified from Scheffer (1990).

Questions?