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From Freshwater, designed by Beth Dooley

Rhubarb Strawberry Cooler

Makes one drink

- 1 cup sliced strawberries
- 1 cup sliced rhubarb
- 1 cup water
- 1 tablespoon honey, to taste
- 1 cup sparkling water or ginger ale
- Sprig of mint for garnish



1. Put the strawberries, rhubarb and water into a saucepan and add enough water to cover the ingredients by about 1 inch. Set over high heat. Bring to a boil, reduce the heat and simmer until the rhubarb and strawberries become a mash. Add the honey, to taste.
2. Set a fine mesh strainer over a bowl and strain the mash, pressing out the liquid with the back of a large spoon.
3. Pour the liquid into a glass and add the gingerale or sparkling water to reach about two-thirds of the glass. Stir, add ice, garnish with the mint.