

Personal Assessment

Describe yourself:

What are your top passions in your personal life?

What does your current work-life-balance look like?

How much time are you able to commit to this and how will you balance it with your professional and work/life needs?

Other Considerations

Are there any other important issues which may impact your career? This will allow you to have a better assessment of where you are today.

Putting it all Together

What does mentoring mean to you as a mentor and/or mentee? Reflect on your responses in the Mentoring Questionnaire and include any themes or conclusions you identify. Review your Mentoring Questionnaire on a regular basis.
